



***When one has a grateful heart, life seems like a gift.
Struggle ends when gratitude begins!***





GRATITUDE AFFIRMATIONS

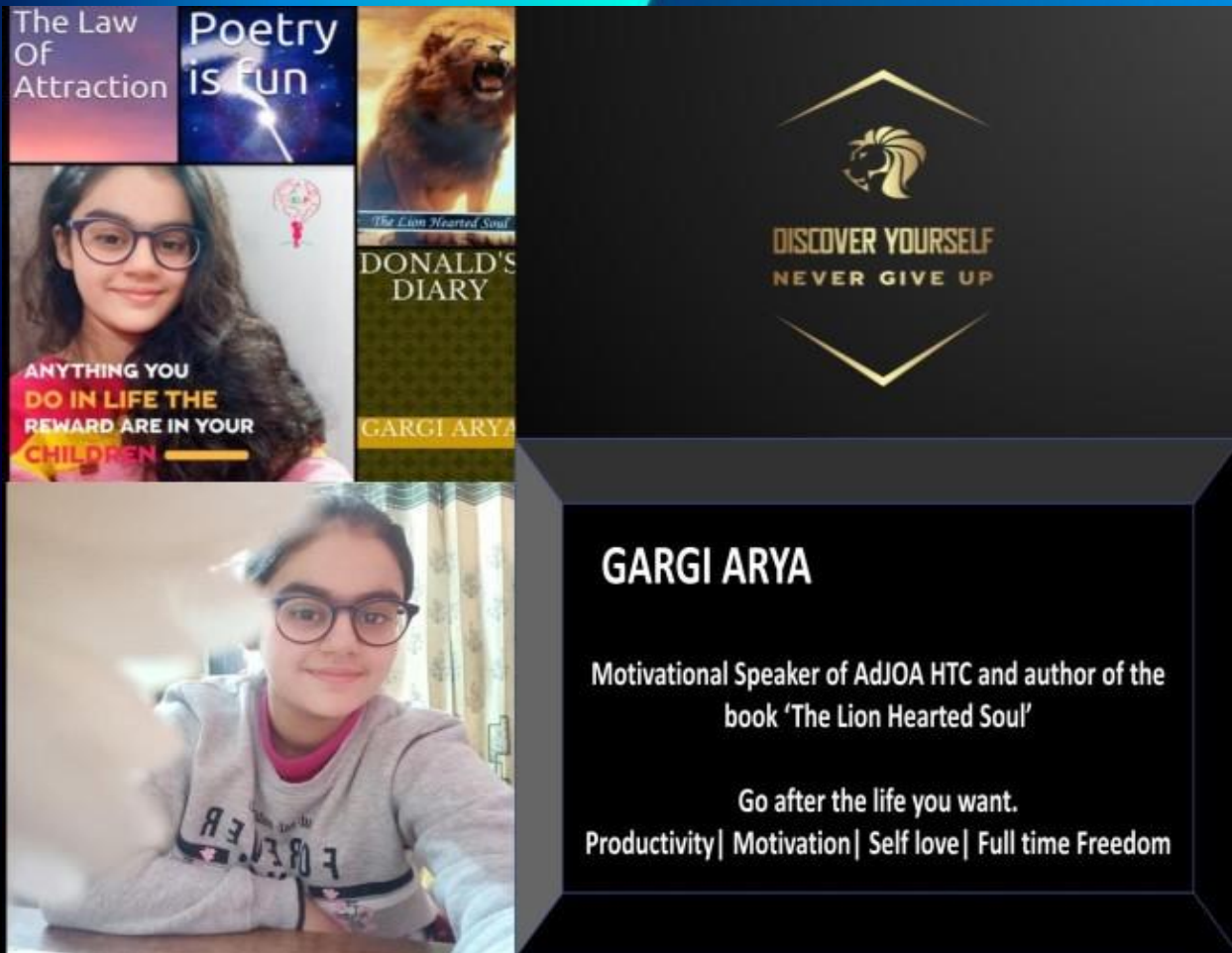
1. I am grateful for my ability to learn and potential to perform.
2. I am grateful for this body, this mind, this breath, and this life.
3. I am grateful for all the gifts I have got from universe and I commit to use them with respect and love.
4. I am grateful for my ability to heal and feel, I am grateful for my flaws as they make me, me!
5. I am grateful to be a keen learner and a lifelong student in the school of life.



GRATITUDE AFFIRMATIONS

6. I am grateful for the water and food that nourishes me and help me to live a healthy life.
7. I am grateful for all the materialistic things I have which help me to complete my work.
8. I am grateful for all the amazing people who surround me and loves me for who I am.
9. I am grateful for each and every opportunity that comes in my way and helps me to succeed in my life.
10. I am grateful for each challenge of my life as it allows me to expand and grow myself in enormous ways.

ABOUT GARGI ARYA



GARGI ARYA

Motivational Speaker of AdJOA HTC and author of the book 'The Lion Hearted Soul'

Go after the life you want.
Productivity | Motivation | Self love | Full time Freedom

I am Gargi Arya, the motivational speaker of ADJOA HTC and author of the book 'The Lion - Hearted Soul'. I am 14 years old. I study in 10th grade in Ryan International School, Ghaziabad.

To me, writing is just my thoughts flowing from my mind to the tips of my fingers and painting the pages of my precious diary. Let the power of selflove reinvent yourself to create your dream life! You are an inventive, just you need the incentive.

The intention is to inspire and align people to live more purposeful lives by helping them discover their biggest area of contribution to the world. For more free resources, you can visit gargiarya.weebly.com

Gargi Arya